

## ALL ARE WELCOME

## Mass Intentions

Saturday
5PM-Edward Sheppard $\dagger$
Sunday
8AM - Tom Macko
10:30AM - Eva Herrera $\dagger$ 5PM - Nadine Forche
Monday
5:30PM - Paula B. Elliott
Tuesday
5:30PM - Hillary Ann
Petter $\dagger$

## 46th Annual CC $5 K$ Human Race

Registration is open for the 46th Annual Catholic Center 5K Human Race on February 17th at Oconee Veterans Park. Runners and walkers can sign up online at runsignup.com/humanrace 5 k or by picking up a registration form in the back of the chapel. If you don't want to run, but still want to support the race you also have the option to pay the registration for a student by selecting "phantom runner. We are always looking for sponsors and volunteers. Contact Sr. Uyen-Chi at admincsa@ccatuga.org to learn more.

## huManallcess

## Liturgical Schedule

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| :---: | :---: |
| Mass: | Adoration: |
| Saturday:5PM | Mon \&Thurs: 9AM-5PM |
| Sunday: 8AM, 10:30AM \& | Tues, Wed, Fri: 9AM-10AM |
| 5PM | Confession: |
| Mon-Thurs: 5:30PM | Wednesday: 4-5PM |
| Fri: 8AM | Saturday: 3:30-4:30PM |

## Weekly Calendar

## A Message from Fr: Brian

Saturday 1/6
3:30PM Reconciliation
5PM Mass
Sunday $1 / 7$
The Epiphany of the Lord
8AM Mass
9AM KoC Donut Ministry
10:30AM Mass
11:30AM KoC Donut
Ministry
5PM Mass
Monday 1/8
First day of UGA Classes 10AM Men's Bible Study
5:30PM Mass
7PM Confirmation 7PM Youth Group Tuesday 1/9
12PM Silver Angels
5:30PM Mass
8PM CSA Ablaze

## Wednesday $1 / 10$

4PM Reconciliation 5:30PM Mass
6:15PM 1st - 8th Grade RE

## 8PM CSA Ignite

## Thursday $1 / 11$

5:30PM Mass
6PM Women's Dinner
7PM RCIA
Friday $1 / 12$
8AM Mass
Saturday $1 / 13$
3:30PM Reconciliation
5PM Mass

Dear Catholic Center Community,
As we enter the new year, we look ahead and we think of our goals. I have a number of health goals, office goals, ministry goals, relationship goals, friendship goals, and family goals. I also have spiritual goals. What might these look like for us?

Spiritual goals can be kept very simple, or they can be intricate. I know many people have listened to "The Bible in a Year Podcast" which is 20 minutes a day. I've heard a ton of positive feedback about this. For me, that is a lot of discipline! I have not been able to incorporate this into my own life, but maybe you can!

As a priest, I try to pray everyday for an hour. I journal, read scripture, read a spiritual text, pray the rosary, read the psalms, or simply 'be'. I try not to complete too many tasks during this time. Sometimes I do 4 things for 15 minutes each, such as 15 minutes of getting settled and prayer intentions, 15 minutes of spiritual reading, 15 minutes of stillness, and 15 minutes of recap journaling. This is a simple structure that keeps the flow moving.

While this isn't attainable for most people every day (I'm a priest after all!), something like this can be attainable once a week or once every two weeks. Then that's an additional 25-50 intentional hours of prayer over the course of the year!

It's not about how much time to invest or how disciplined we are. It's simply all about returning to our relationship with God and growing in that relationship. It's the highlight of my day, but it's also something I've wrestled with over the years. The spiritual life is a journey! From our prayer flows a life of faith, hope and love.

Let's keep each other in prayer as we discern and pray about what some spiritual goals are for our own lives this year!

In Christ,
Fr. Brian

## Welcome Back Students!

A warm welcome back to our UGA students, faculty and staff. We have missed you (although parking was a bit more abundant while you were gone)! Prayers are lifted up for all of you as you begin the new semester. The 5PM Sunday Mass resumes this weekend and the Sunday Night Dinners will resume on January 22.

## Announcements

## Catholic Center Blood Drive

In collaboration with the American Red Cross, we will be hosting a blood drive on Monday, January 22, from 2:30PM to 7PM. To schedule an appointment, please visit redcrossblood.org. Please consider making a life saving donation!

## Sunday Night Dinner is Returning

Sunday Night Dinner will start on Sunday, January 21st. If you would like to volunteer to help prepare the meal from 3 to 5 pm, you can sign up from the link on the Catholic Centers' home webpage at the bottom. Desserts donated are always appreciated and can be dropped off for Sunday Night Dinner. Thank you so much for helping our students have a taste of home.

## Our Daily Bread

The Catholic Center partners with Downtown Ministries to serve our neighbors the love of God through the vehicle of food. The meals are prepared at the Catholic Center kitchen and delivered and served to guests at First Baptist Church. Volunteers are needed each month. The sign-up can be found at ccatuga.org/volunteer.

## Knights of Columbus Donut Ministry

The Georgia Martyrs Knights of Columbus will be have donuts available after both the 8AM \& 10:30AM Masses on January 7, 2024. Funds collected from the Donut Ministry are designated for the KOC Wheelchair Ministry.

## Silver Angels Meets Tuesday

The Silver Angels will meet on Tuesday, January 9, at 12PM in the Center Hall. All those 60 and older (and young at heart) are invited for a fun-filled afternoon with lunch provided.

## Woman's Dinner on Thursday

The Social Graces, the Catholic Center women's dinner group, meets this Thursday January 11 at 6PM. Please RSVP by Monday at 5PM by calling the office at 706-543-2293.

## Grief Group Meets Tuesday

The Grief and Bereavement Group will meet next on Tuesday, January 16 at 4:00PM. No matter where you are in your journey (anticipatory, acute, or longstanding grief), or if you feel you can contribute, you are invited to join us.

## Christmas at Oasis Catolico

The families at Oasis Catolico and Sr. Angela, Sr. Margarita, and Sr. Uyen-chi are so grateful for the generosity and prayers of the Catholic Center members. Our Giving Tree brought an abundance of gifts for the families to enjoy. It was a wonderful celebration for children and adults alike! Thank you for your prayers and generous gifts.


Live Nativity Scene from the Oasis students.


Traditionally, the Three Kings distribute the Giving Tree gifts.


Our CC members filled up Sr. Uyen-chi's office with gifts.

|  | We Lift Up iln Prayer |  |  |
| :---: | :---: | :---: | :---: |
| John Paul Abrigo | Sylvia Floyd | Marcia Lemmon | Ann Schrauth |
| Charlotte \& Joel Alesi | Pam Forker | Michelle Linton | Eric Seals |
| Sally Allen | Milagros Gallardo | Ginny Lynch | Deborah Scott |
| Melani Atmodjo | Patty Goodwin | Gina Maherka | Tom Shuster |
| Megan Barton | Jonathan Guerra | Carol Mazurek | David Simmons |
| Peter Bryan | Victoria Guerra | Nathan Mills | Eileen Sinda |
| Cindy Bullist | Terri Strickland Guy | Emeritea Morales | Lauren Stewart |
| Grace Byrne | Bob Henry | Al Mulhair | Gretchen Thomas |
| Joanne Cabrera | Tom Higgins | Janna Nugent | Bryan Vaughn |
| Jeanette Campbell | Margaret Jones | Lou Perno | Dorothy Wasko |
| Lucille Carberry | Sarah Kurtz | Lou Richt | Amanda Wershing |
| Lora Bernstein Cooley | Patti Law | Sophia Rodriguez | Robin Yackley |

With deepest sympathy, our community prays for the souls of the faithful departed and for their loved ones, especially George Valido.
Pope Francis' Prayer Intentions for January: Let us pray that the Holy Spirit helps us recognize the gift of different charisms within the Christian community, and to discover the richness of different ritual traditions in the heart of the Catholic Church.

## Financial Giving Updates

Thank you so much for your generous contributions to our offertory throughout the year. Your support of the Catholic Center and our ministries is heartwarming. Thank you for sharing your time, treasure and talent.


| Clergy E゚ Staff |  |  |
| :---: | :---: | :---: |
| Director <br> Fr. Brian McNavish frbrian@ccatuga.org <br> Assistant Director Fr. Michael Bremer frmichael@ccatuga.org CSA Administrator Sr. Uyen-Chi Dang, ACJ admincsa@ccatuga.org | Secretary \& Stewardship Jenni Toutkoushian stewardship@ccatuga.org Administrative Assistant Cherie Frankson secretary@ccatuga.org Sacramental Coordinator Suzie Blaydes | Promotions \& Special Projects <br> Eli Banzon <br> bulletin@ccatuga.org <br> Facilities Manager <br> Sonny Fincher <br> Facilities Assistant <br> Melina Patterson |
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